An Dr Marcas Mac Domhnaill BDS (NUI), Dip Cons Sed (DUBL)

Pre-operative Instructions for Intravenous Conscious Sedation

It is essential that you follow the following instructions:

1. To avoid dehydration be sure to drink plenty of water the day before your appointment.

2. Please have a light breakfast (e.g. toast and tea, coffee or fruit juice) 2 hours prior to your appointment and please put the anaesthetic cream on the back of both hands and cover with plasters 1 hour prior to your appointment.

3. You **MUST** be accompanied by a responsible adult who must remain in the practice throughout your entire appointment, escort you home afterwards in a private car (not by public transport) and arrange for you to be looked after for the following 24 hours.

4. If you are taking any medicines, they should be taken at the usual times and should also be brought with you so that the dentist may know what they contain. Your escort must supervise any medication that is taken for 24 hours after your appointment.

5. Any illnesses (head colds, flu, etc) occurring before the appointment should be **reported immediately**, as this may affect your treatment.

6. You **MUST NOT** drive any vehicle, return to work or sign any legal documents for 24 hours after sedation.

7. Please **DO NOT** drink any alcohol for 24 hours before or after your appointment.

8. Please wear a short sleeved top as we will be monitoring your blood pressure throughout the procedure. In colder weather, please wear warmer clothes and gloves to maintain body heat. Please do not wear nail varnish as it interferes with our oxygen finger monitor.

Please ensure we can contact you on the day of your appointment as it may be necessary to bring your appointment forward. We will need your telephone numbers.

Please note **failure to attend** your appointment will result in a charge of **€300**. Failure to inform the practice of a cancellation within 24 hours will be noted as a failed appointment.